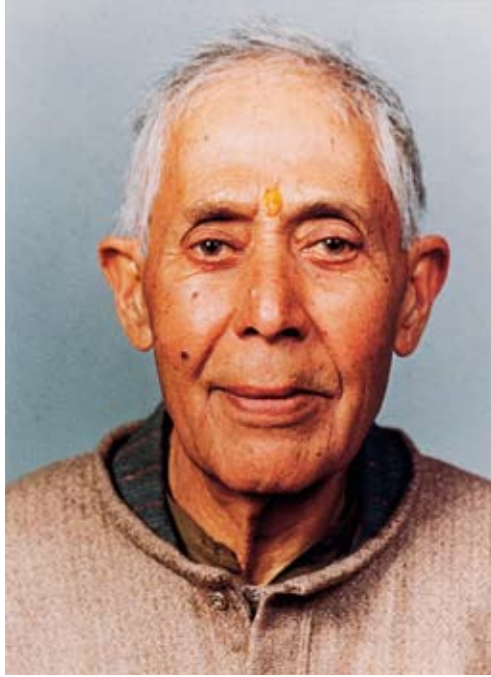


# Universal Fellowship Shaiva

## Kashmir Shaivism

The monistic tradition generally known as Trika Shaivism and Kashmir Shaivism is an ancient tradition which found its roots and flourished in the Valley of Kashmir. This valley, known as *sharadha pita*, (seat of learning), has remained a center of spiritual learning for



over two thousand years. Many seekers made the arduous journey over the rugged Himalayas to the Kashmir Valley to enrich their knowledge. Timeless and with universal appeal the tradition of Kashmir Shaivism encompasses and gives full expression not only to the actual nature of reality, but also to the means to be employed to realize this reality. This teaching lays bare the very secrets of life. Early on the saints and sages of this tradition realized that because of the possibility of the misuse of the powers it revealed, these teachings should be concealed; hidden from that person who might attempt to use them for her or his own personal selfish gain. For this reason the texts were encoded so that they would only be accessible to one who had the key, the key of the oral tradition which has passed from master to disciple in an unbroken chain. And this chain continued from ancient times to the present. It is by the grace of God, that even at times of great threat, Shaiva masters protected these teachings from possible extinction.

## Swami Lakshmanjoo

Swami Lakshmanjoo was the last in an unbroken line of Kashmir Shaiva masters. As a boy his life was filled with a spiritual thirst to know and realize God. From a very early age he was filled with spiritual experiences. In fact these experiences were so intense that his parents thought he was suffering from hysteria. They were very concerned and approached their family *guru*, Swamiji's grand master Swami Ram, requesting him to help their son with his hysteria. Swami Ram laughed and said to them, "Don't worry, I should have such a disorder." As Swamiji grew older his desire to completely realize and apprehend the world of spirituality became paramount. To make this a reality he sat at the feet of his *guru Swami Mahatabakak* and took up the study and practice of Kashmir Shaivism. He became completely engrossed and enthralled with his spirituality wholeheartedly practicing day and night, ultimately experiencing the fullness of Kashmir Shaiva realization. It is to his beloved Kashmir Shaivism that he devoted the whole of his life teaching it to those who asked and translating and commenting on what he considered to be the most important texts of this system. He became renowned as a philosopher saint steeped in the tradition of Kashmir Shaivism. With the growing interest in Kashmir Shaivism over the last thirty years, hardly any publication has appeared without a mention of his name.

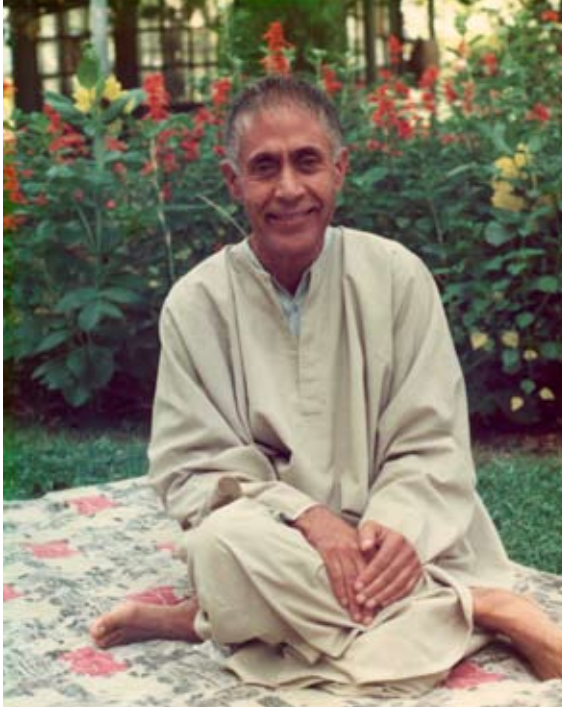
## Preservation of the teachings

It was Swamiji's fervent life long desire that the teachings and knowledge of Kashmir Shaivism be preserved long after his passing from this world. It was our great fortune that John Hughes journeyed to Kashmir and was able to audio tape record the profound teachings

of this unique oral tradition. These teachings were given by Swamiji to his students in the form of lectures and oral translations. This tremendous work spanning almost fifteen years resulted in more than 470 hours of recordings. This included the translations and commentaries of the following texts:

Bhagavad Gītārthasamgraha  
Bodhapañcadaśikā  
Dehastadevatacakra Stotra  
Janma Maraṇa Vicāra  
Kuṇḍalinī Vijñāna Rahasyam  
Paramarthasāraḥ  
Parāprāveśikā  
Parātrīṃśikā Laghuvṛitti  
Parātrīṃśikā Vivaraṇa

Shiva Sūtra Vimarsinī  
Shiva Stotrāvalī  
Spanda Kārikā  
Spanda Samdoha  
Stavacintāmaṇi  
Tantrāloka (18 chapters)  
Vātūlanātha Sūtras  
Vijñāna Bhairava



### **Universal Shaiva Fellowship**

Under Swamiji's direct inspiration, the Universal Shaiva Fellowship, a fully accredited nonprofit organization, was established to realize his vision of making Kashmir Shaivism available to the world. This is to be done without the restriction of caste, creed or color. It is being accomplished by preserving his teachings and making them available in as many forms as possible. This teaching is very valuable and uplifting for the humankind. It offers humanity a clear and certain vision in a time of uncertainty. It shows us the way home and gives us the means.

As you can see there is a lot of work to be done. It is a tremendous task which is both demanding and exciting and we have dedicated our lives to its accomplishment. Presently the Fellowship is actively engaged in the following four areas; 1). Transcribing the audio recordings and correcting these transcriptions to create perfect records of Swamiji's lecture/translations. 2). Editing and publishing Swamiji's lectures and translations. 3). Editing and publishing the video recordings of Swamiji's translation of the Bhagavad Gītā and the Paramartasāra. 4). Providing for study and worship according to the tradition of Kashmir Shaivism.

To complete all of this we need your help. We simply do not have the resources available to accomplish this very important work. Please help us with a generous donation so that our work can continue. A donation of any amount will be greatly appreciated. Please contact the Fellowship on the number below or fill out the donation portion of the order form on the last page. Thank you so very much for your help.

Phone : 1(310) 837-0402  
Toll Free : 1(877) 594-2516  
Email : office@universalshaivafellowship.org  
www.universalshaivafellowship.org

Universal Shaiva Fellowship  
10925 Stever Street  
Culver City, CA 90230

# Universal Shaiva Fellowship

## ABHINAVAGUPTA'S PARAMARTHASARA (THE ESSENCE OF THE HIGHEST REALITY)

Video recorded revelations given by Swami Lakshmanjoo from the oral tradition of Kashmir Shaivism of Abhinavagupta's Paramarthasara (Essence of the Highest Reality).



5 DVDs; total time 5 hours  
Transcript included, 2010 Pp xxviii + 89  
Price: \$95 plus shipping and handling

In this multimedia study set, Swami Lakshmanjoo, the fully realized philosopher saint of the long concealed and secret tradition known as Kashmir Shaivism, translates and illuminates Abhinavagupta's Paramarthasara. Originally a work of Patanjali, Abhinavagupta chose to revise and update this revered treatise in order to reveal the profundities of the Trika Shaivite doctrine. In the conclusion of the Paramarthasara Abhinavagupta tells us, "I have kept this Paramārthasāra, in brief words, in one hundred verses. But although it is only one hundred verses in body, in the volume of knowledge it is more than ten million verses."

## BHAGHAVAD GITA - IN THE LIGHT OF KASHMIR SHAIIVISM

Original video recordings from the oral tradition of Kashmir Shaivism by Swami Lakshmanjoo.

14 DVDs; total time 12 hours 30 minutes  
Transcript included, 2008 Pp xxviii + 189,  
Price: \$250 plus shipping and handling

In this multimedia study set, Swami Lakshmanjoo reveals the heretofore hidden meanings contained within the unique Kashmiri version of the sacred text, the Bhagavad Gita, "The Song of God". Swamiji, a fully realized philosopher saint of the long concealed and secret tradition of Kashmir Shaivism, enlightens us on the profound meaning of the Gita by expanding on the illumined commentary of Abhinavagupta, the Gitārtha Samgraha (Essence of the Gita).

At last, the secrets and profound meaning of the "Lord's Song" is being made available for the spiritual illumination of all humankind.



## VIJNANA BHAIKAVA: THE MANUAL FOR SELF REALIZATION

Original audio recordings from the oral tradition of Kashmir Shaivism by Swami Lakshmanjoo.



7 Audio CDs; total time 7 hours  
Transcript included, 2007 Pp xxxi + 223,  
Price: \$125.00, plus shipping and handling

In the revelations that comprise this audio set the God realized master, Swami Lakshmanjoo, speaking from his own experience, unfolds the hidden maps needed to traverse the sacred Tantric text "Vijnana Bhairava". In this 'Manual for Self Realization' Lord Bhairava, in answering the Divine Mother Bhairavi's question, "What is the real essence of the way we have to tread?" reveals 112 different spiritual practices for entering in the universal and transcendental state of God consciousness.

# Universal Shaiva Fellowship

## REVELATIONS ON GRACE AND SPIRITUAL PRACTICE VIJNANA BHAIRAVA: THE MANUAL FOR SELF REALIZATION

From the oral tradition of Kashmir Shaivism by Swami Lakshmanjoo.



5 DVD-R Video Disks:  
total time 5 hours / 2 CDs Audio Disk: total time 2 hrs  
Transcript included, 2005 Pp v + 150,  
Price: \$149.00, plus shipping and handling

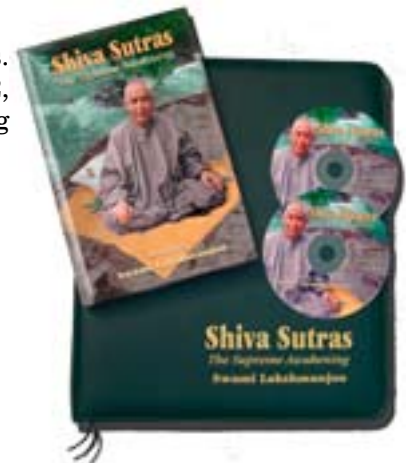
The 5 one hour DVD-R Video Disks contain revelations on **Paramarthasara** and **Bhagavad Gita**. These video disks offer the viewer a rare opportunity to see and hear Swami Lakshmanjoo. The elevating power of sight in experiencing a realized master is not to be underestimated. The 2 Audio Compact Disks contain exciting revelations from three important texts: The **Shiva Stotravali** of *Utpaladeva* and the **Tantraloka** and **Dehasthadevatacakrastotra** of *Abhinavagupta*. These three texts offer very powerful insights into the nature of Grace and Practice in the tradition of Kashmir Shaivism.

## SHIVA SUTRAS: THE SUPREME AWAKENING - THE ORIGINAL AUDIO RECORDINGS

Revelations from the oral tradition of Kashmir Shaivism given by Swami Lakshmanjoo.

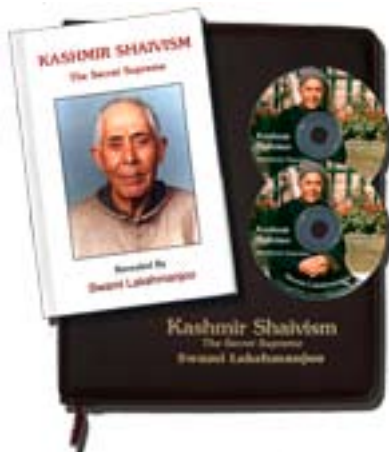
17 Compact Disks; total time 15 hours 50 minutes.  
Book included, 2001 Pp xxviii + 322,  
Price: \$ 199.00; plus shipping and handling

The Shiva Sutras, gifted by God to the sage Vasugupta for the upliftment of humanity, is one of Kashmir Shaivism's most important and revered texts. Swami Lakshmanjoo gives the reader a penetrating vision of the glorious journey of the Supreme Awakening; the traveling from limited individuality to absolute oneness with God. Basing his rendering on the esoteric commentary of Abhinavagupta's chief disciple Kshemaraja and drawing on his own experience, Swami Lakshmanjoo shows us the way home.



## KASHMIR SHAIVISM: THE SECRET SUPREME - THE ORIGINAL AUDIO RECORDINGS

From the oral tradition of Kashmir Shaivism given by Swami Lakshmanjoo to John and Denise Hughes.



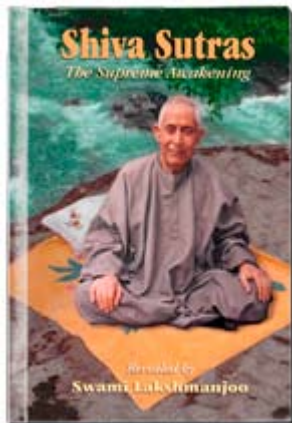
13 Compact Disks; total time 10 hours 33 minutes. Book included, Third edition 2000 revised, Pp. xvi + 148,  
Price: \$169.00, plus shipping and handling

In Kashmir Shaivism: The Secret Supreme, Swami Lakshmanjoo begins this monumental task by unfolding and guiding the reader through the labyrinth of monistic Shaivism's mystical geography. Throughout he emphasizes the importance of practically realizing the reality of these teachings. This book contains the essence of the first fifteen chapters of Abhinavagupta's magnum opus Tantraloka. The material is neatly divided into nineteen chapters; the presentation is both systematic and cumulative in a style which is clear, concise, and compact.

# Universal Shaiva Fellowship

## SHIVA SUTRAS: THE SUPREME AWAKENING

Revealed by Swami Lakshmanjoo, edited by John Hughes.



Universal Shaiva Fellowship, 2001, Pp xxviii + 322  
Price: Hardcover \$ 29.95, Paperback \$ 22.95, plus shipping and handling

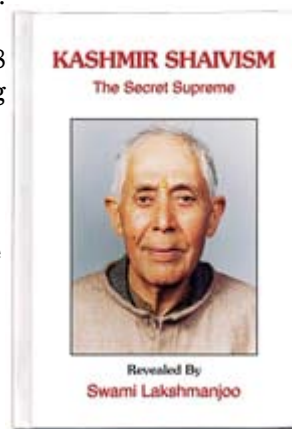
This spiritual treasure—*Shiva Sutras*—was gifted by God to the sage Vasugupta for the upliftment of humanity. Now, for the first time, the twentieth century's great philosopher saint Swami Lakshmanjoo reveals this most important and revered text, giving the reader a penetrating vision of the glorious journey of the Supreme Awakening; the traveling from limited individuality to absolute oneness with God. Basing his rendering on the esoteric commentary of Abhinavagupta's chief disciple Kshemaraja, and drawing on his own experience, Swami Lakshmanjoo shows us the way home.

## KASHMIR SHAIVISM, THE SECRET SUPREME

By Swami Lakshmanjoo, edited by John Hughes.

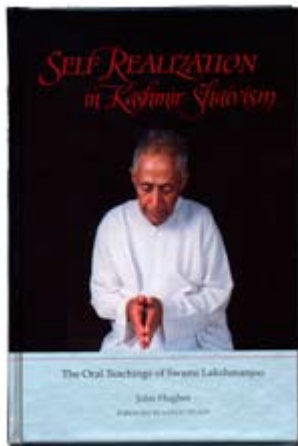
Universal Shaiva Fellowship, Third printing 2000 revised, Pp. xvi + 148  
Price: Hardcover \$ 21.79, Paperback \$ 13.98, plus shipping and handling

In *Kashmir Shaivism: The Secret Supreme*, Swami Lakshmanjoo's first book in English, he begins this monumental task by unfolding and guiding the reader through the labyrinth of monistic Shaivism's mystical geography. This text is a collection of the first lectures delivered by Swami Lakshmanjoo to John and Denise Hughes in 1971-72. This book contains the essence of the first fifteen chapters of Abhinavagupta's magnum opus *Tantraloka*. The chapter contents are; Thirty-Six Elements, The Sixfold Path of the Universe, The Theory of the Alphabet (*Mātrikācakra*), The Theory of Reflection (*Pratibimbavādaḥ*), The Explanation of the Means (*Upāyas*), The Theory of Speech (*Vak*), The Three Impurities (*Malas*), The Seven States of the Seven Perceivers (*Pramātrin*), The Five Great Acts of Lord Shiva (*Pañcakṛityavidhiḥ*), The Five States of the Individual Subjective Body, The Five Fold Contacts of Masters and Disciples, The Birth of the Tantras, *Mokṣha* in Kashmir Shaivism and Indian Philosophy, Kashmir Shaivism and Advaita Vedānta, The Seven States of *Turya, Kuṇḍalinī* and its Purpose, Variations in the Rise of *Prāṇa Kuṇḍalinī*, Kashmir Shaivism.



## SELF REALIZATION IN KASHMIR SHAIVISM: THE ORAL TEACHINGS OF SWAMI LAKSHMANJOO

Edited by John Hughes.



State University of New York Press, 1995 Pp. xxxiv + 139  
Price: Hardcover \$ 25.95, Paperback \$ 17.95, plus shipping and handling

The first two chapters are a masterful rendering of two important Kashmir Shaiva texts: the *Bodhapañcadaśikā* (Fifteen Verses of Wisdom) of Abhinavagupta, and the *Parāprāveśikā* (Entrance into the Supreme Reality) of Kṣhemarāja. The three remaining chapters present original works by Swami Lakshmanjoo. "*Talks on Practice*" gives a guidebook account of Kashmir Shaivaita meditation, and "*Talks on Discipline*," discusses the nature and importance of the *yamas* and *niyamas* of traditional yoga. The final chapter, "*The Secret Knowledge of Kuṇḍalinī*," discusses the nature of kuṇḍalinī and various modes of its experience by the Shaiva yogin. Transliterated Sanskrit texts are provided in the appendices.

Universal Shaiva Fellowship  
10925 Stever St. • Culver City, CA 90230 • USA • 1(310) 837-0402 •  
www.universalshaivafellowship.org • office@universalshaivafellowship.org

# UNIVERSAL SHAIVA FELLOWSHIP

**Bill to:** \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Ship to:** \_\_\_\_\_ *(If different from billing address)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

- VISA     
  MASTERCARD     
  AMERICAN EXPRESS     
  CHECK/MONEY ORDER

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name on Credit Card \_\_\_\_\_ Signature of Cardholder \_\_\_\_\_

*(Signature of cardholder required)*

	<i>Qty</i>	<i>Price</i>	<i>Total price</i>
<b>PLEDGE/DONATION</b> <input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$100 <input type="checkbox"/> \$500 <input type="checkbox"/> other \$ _____ <i>(Donations are tax deductible)</i>			
		<b>Subtotal</b>	
		<i>CA residents add 8.25% tax</i>	
		<b>Shipping &amp; Handling</b>	
		<b>Total</b>	

**Shipping & Handling:**  
*Items will be shipped PRIORITY MAIL*  
*Cost calculated with each order.*

We appreciate your order and interest in the philosophy of Kashmir Shaivism and the teachings of Swami Lakshmanjoo.  
 If you wish to learn more about this great philosophy please contact us at:

Universal Shaiva Fellowship  
 10925 Stever Street Culver City, CA 90230  
 Tel: 1(310) 837-0402 • Fax: 1(310) 943-3799 • Email: [info@universalshaivafellowship.org](mailto:info@universalshaivafellowship.org)  
 or visit our website at [www.universalshaivafellowship.org](http://www.universalshaivafellowship.org)

We are presently seeking and gratefully accepting donations to enable us to continue transcribing and publishing the teachings of Kashmir Shaivism. We encourage you to give generously and thereby participate in this great endeavor.

• Thank You •